

SELF CHEXERCISES

WHEN YOU CAN'T DRUM WITH FRIENDS, CHECK YOURSELF

PAGE 1 - 8'S & ACCENT/TAP

SAUL 2020
COVID-19

1 8'S - PLAY AT EVERY HEIGHT

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

2 TAPS TO ACCENT - ON 3 (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

3 TAPS TO ACCENT - ON 2 AND 4 (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

4 TAPS TO ACCENT (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

5 BUCKS (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

6 UPBEAT BUCKS (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B

7 TAPS TO ACCENTS (VARY ACCENT HEIGHT)

R R R R R R R R B B B B B B B B L L L L L L L L B B B B B B B B