

# SELF CHEXERCISES

WHEN YOU CAN'T DRUM WITH FRIENDS, CHECK YOURSELF  
 PAGE 4 - COMBINED STROKES & FUN WITH FLAMS

SAUL 2020  
 COVID-19

## 22 INDEPENDENCE - 2 FLAM ACCENTS TO 3 FLAMS

R ...  
L ...

B ...  
B ...

R L R L R L R L R    L R L R L R L R L    R L R L R L R L R    L R L R L R L R L

## 23 INDEPENDENCE - 2 FLAM ACCENTS TO 3 FLAM TAPS

R ...  
L ...

B ...  
B ...

R L R L R L R L R L R L R L    L R L R L R L L R R L L    R L R L R L R L R L R L R L    L R L R L R L L R R L L

## 24 INDEPENDENCE - FLAM ACCENT FLAM; FLAM ACCENT FLAM FLAM

R ...  
L ...

B ...  
B ...

R L R L R L R L R L R L R L    L R L R L R L R L L R R L L    R L R L R L R L R L R L R L    L R L R L R L R L R L

## 25 INDEPENDENCE - FLAM ACCENT FLAM TAP; FLAM ACCENT FLAM TAP FLAM TAP

R ...  
L ...

B ...  
B ...

R L R L L R L R L L R R    L R L R R L R L R R L L    R L R L L R L R L L R R    L R L R R L R L R R L L